



RAHS Breakfast Menu



April 2025

NOTES

Fruit/Juice and Milk are available daily.

Each meal must include at least ½ cup of fruit/ juice daily.

Milk is optional

The menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Egg & Cheese Muffin OR Pumpkin Bread OR Yogurt Parfait With Craisins & Juice	2 Pancake Bites OR Pumpkin Bread Or Yogurt Parfait With Applesauce & Juice	3 Lumberjack OR Benefit Bar OR Yogurt Parfait With Clementines & Juice	4 Glazed Cinnamon Roll OR Pumpkin Bread OR Yogurt Parfait With Whole Apple & Juice
7 Breakfast Pizza OR Benefit Bar OR Yogurt Parfait With Apple Slices & Juice	8 Blueberry Muffin w/Cheese Cubes OR Benefit Bar OR Yogurt Parfait With Craisins & Juice	9 Pancake Bites OR Benefit Bar OR Yogurt Parfait With Applesauce & Juice	10 Lemon Bread OR Benefit Bar OR Yogurt Parfait With Clementines & Juice	11 Eggoji Waffles w/Syrup OR Benefit Bar OR Yogurt Parfait With Raisins & Juice
14 Banana Bread OR Benefit Bar OR Yogurt Parfait With Whole Apple & Juice	15 Glazed Cinnamon Roll OR Benefit Bar OR Yogurt Parfait With Craisins & Juice	16 Sausage & Cheese Bagel OR Banana Bread OR Yogurt Parfait With Applesauce & Juice	17 Breakfast Pizza OR Banana Bread OR Yogurt Parfait With Banana & Juice	18 No School
21 No School	22 Sausage & Cheese Muffin OR Blueberry Bread OR Yogurt Parfait With Whole Orange & Juice	23 Lumberjack OR Blueberry Bread OR Yogurt Parfait With Applesauce & Juice	24 Pumpkin Spice Donut OR Blueberry Bread OR Yogurt Parfait With Banana & Juice	25 Banana Choc. Chip Benefit Bar OR Blueberry Bread OR Yogurt Parfait With Raisins & Juice
28 Lemon Bread OR Benefit Bar OR Yogurt Parfait With Whole Apple & Juice	29 Egg & Cheese Muffin OR Benefit Bar OR Yogurt Parfait With Craisins & Juice	30 Cinnamon Sugar Donut OR Benefit Bar Or Yogurt Parfait With Applesauce & Juice		