



RAHS Breakfast Menu April 2024

NOTES

Fruit/Juice and Milk are available daily.
Each meal must include at least ½ cup of fruit/ juice daily.
The menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>No School</p>	<p>2</p> <p>Assorted Breakfast</p> <p>Assorted Fruit & Juice</p>	<p>3</p> <p>Egg & Cheese Muffin OR Apple Frudel OR Benefit Bar OR Blueberry Bagel</p> <p>With Applesauce & Juice</p>	<p>4</p> <p>Mini Pancakes OR Bosco Cheese Stick OR Benefit Bar OR Blueberry Bagel</p> <p>With Raisins & Juice</p>	<p>5</p> <p>Lucky Charms Cereal Bowl OR Cinnamon Roll OR Benefit Bar OR Blueberry Bagel</p> <p>With Craisins, & Juice</p>
<p>8</p> <p>Blueberry Breakfast Bread OR Breakfast Pizza OR Benefit Bar OR Blueberry Bagel</p> <p>With Apple & Juice</p>	<p>9</p> <p>Egg & Cheese Muffin OR Parfaits OR Benefit Bar OR Blueberry Bagel</p> <p>With Orange, & Juice</p>	<p>10</p> <p>Mini Cinnis OR Mini Pancakes OR Benefit Bar OR Blueberry Bagel</p> <p>With Applesauce, & Juice</p>	<p>11</p> <p>Chocolate Chip Muffin Tops OR Apple Frudel OR Benefit Bar OR Blueberry Bagel</p> <p>With Raisins, & Juice</p>	<p>12</p> <p>Lemon Breakfast Bread OR Breakfast Pizza OR Benefit Bar OR Blueberry Bagel</p> <p>With Craisins, & Juice</p>
<p>15</p> <p>Mini Pancakes OR Breakfast Pizza OR Benefit Bar OR Blueberry Bagel</p> <p>With Apple & Juice</p>	<p>16</p> <p>Donut Holes OR Sausage & Cheese Bagel OR Benefit Bar OR Blueberry Bagel</p> <p>With Orange & Juice</p>	<p>17</p> <p>Cinnamon Toast Crunch Pastry OR Apple Frudel OR Benefit Bar OR Blueberry Bagel</p> <p>With Applesauce & Juice</p>	<p>18</p> <p>French Toast Sticks OR Chocolate Chip Muffin Tops OR Benefit Bar OR Blueberry Bagel</p> <p>With Raisins & Juice</p>	<p>19</p> <p>Lucky Charms Cereal Bowl OR Breakfast Pizza OR Benefit Bar OR Blueberry Bagel</p> <p>With Craisins & Juice</p>
<p>22</p> <p>Egg & Cheese Muffin OR Pumpkin Bread OR Benefit Bar OR Blueberry Bagel</p> <p>With Apple & Juice</p>	<p>23</p> <p>Mini French Toast OR Apple Frudel OR Benefit Bar OR Blueberry Bagel</p> <p>With Orange & Juice</p>	<p>24</p> <p>Lucky Charms Cereal Bowl OR Breakfast Pizza OR Benefit Bar OR Blueberry Bagel</p> <p>With Applesauce & Juice</p>	<p>25</p> <p>Mini Pancakes OR Sausage & Cheese Muffin OR Benefit Bar OR Blueberry Bagel</p> <p>With Raisins & Juice</p>	<p>26</p> <p>Egg & Cheese Bagel OR Cinnamon Rolls OR Benefit Bar OR Blueberry Bagel</p> <p>With Craisins & Juice</p>
<p>29</p> <p>Egg & Cheese Muffin OR Banana Breakfast Bread OR Benefit Bar OR Blueberry Bagel</p> <p>With Apple & Juice</p>	<p>30</p> <p>French Toast Sticks OR Donut Holes OR Benefit Bar OR Blueberry Bagel</p> <p>With Orange & Juice</p>			