



# RAHS Breakfast Menu

## December 2025



### NOTES

Fruit/Juice and Milk are available daily.  
Each meal must include at least ½ cup of fruit/ juice daily.  
Milk is optional

The menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Pumpkin Bread OR Benefit Bar OR Cocoa Puffs Cereal  With Whole Apple & Juice	<b>2</b> French Toast Sticks w/Syrup OR Benefit Bar Cocoa Puffs Cereal  With Orange & Juice	<b>3</b> Sausage Breakfast Sandwich OR Benefit Bar OR Cocoa Puffs Cereal  With Applesauce & Juice	<b>4</b> PB & J Uncrustable OR Benefit Bar OR Cocoa Puffs Cereal  With Grapes & Juice	<b>5</b> Sausage Pancake Bites OR Benefit Bar OR Cocoa Puffs Cereal  With Craisins & Juice
<b>8</b> Country Chicken & Cheese English Muffin OR Benefit Bar OR Lucky Charms Cereal  With Whole Apple & Juice	<b>9</b> Glazed Cinnamon Rol OR Benefit Bar OR Lucky Charms Cereal  With Orange & Juice	<b>10</b> Powdered Sugar Donut OR Benefit Bar OR Lucky Charms Cereal  With Applesauce & Juice	<b>11</b> Sausage Breakfast Pizza OR Benefit Bar OR Lucky Charms Cereal  With Grapes & Juice	<b>12</b> Cheesy Egg Bagel OR Benefit Bar OR Lucky Charms Cereal  With Craisins & Juice
<b>15</b> Lumberjack OR Benefit Bar OR Cinnamon Toast Crunch Cereal  With Whole Apple & Juice	<b>16</b> Cheesy Egg Biscuit OR Benefit Bar OR Cinnamon Toast Crunch Cereal  With Orange & Juice	<b>17</b> Country Chicken Biscuit OR Benefit Bar OR Cinnamon Toast Crunch Cereal  With Applesauce & Juice	<b>18</b> Maple Glaze Donut OR Benefit Bar OR Cinnamon Toast Crunch Cereal  With Grapes & Juice	<b>19</b> Assorted Breakfast with Assorted Fruit, Juice, & Choice of Milk
<b>22</b> No School	<b>23</b> No School	<b>24</b> No School	<b>25</b> No School	<b>26</b> No School
<b>29</b> No School	<b>30</b> No School	<b>31</b> No School		