



RAHS Breakfast Menu

January 2026



NOTES

Fruit/Juice and Milk are available daily.
Each meal must include at least ½ cup of fruit/ juice daily.
Milk is optional

The menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ala Carte is available for purchase			No School 1	No School 2
5 Pumpkin Bread OR Benefit Bar With Whole Apple & Juice	6 French Toast Sticks w/Syrup OR Benefit Bar With Orange & Juice	7 Sausage Breakfast Sandwich OR Benefit Bar With Applesauce & Juice	8 PB & J Uncrustable OR Benefit Bar With Raisins & Juice	9 Sausage Pancake Bites OR Benefit Bar OR Cocoa Puffs Cereal With Craisins & Juice
12 Country Chicken & Cheese English Muffin OR Benefit Bar With Whole Apple & Juice	13 Glazed Cinnamon Rol OR Benefit Bar With Orange & Juice	14 Powdered Sugar Donut OR Benefit Bar With Applesauce & Juice	15 Sausage Breakfast Pizza OR Benefit Bar With Raisins & Juice	16 Cheesy Egg Bagel OR Benefit Bar With Craisins & Juice
19 No School	20 Cheesy Egg Biscuit OR Benefit Bar With Orange & Juice	21 Country Chicken Biscuit OR Benefit Bar With Applesauce & Juice	22 Powdered Sugar Donut Holes OR Benefit Bar With Raisins & Juice	23 Oatmeal Apple Cinnamon Breakfast Round OR Benefit Bar With Craisins & Juice
26 Pancake Bites OR Benefit Bar With Whole Apple & Juice	27 Sausage Breakfast Pizza OR Benefit Bar With Orange & Juice	28 Glazed Cinnamon Roll OR Benefit Bar With Applesauce & Juice	29 Country Chicken & Cheese Biscuit OR Benefit Bar With Raisins & Juice	30 Bosco Cheese Stick OR Benefit Bar With Craisins & Juice