



# RAHS Breakfast Menu



## May 2025

### NOTES

Fruit/Juice and Milk are available daily.

Each meal must include at least ½ cup of fruit/ juice daily.

Milk is optional

The menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sausage & Cheese Muffin Or Benefit Bar OR Yogurt Parfait  With Clementines & Juice	2 Breakfast Pizza OR Benefit Bar OR Yogurt Parfait  With Raisins & Juice
Chocolate Muffin w/Cheese 5 Cubes OR Benefit Bar OR Trix Cereal Bowl  With Whole Apple & Juice	6 Egg & Cheese Muffin OR Pumpkin Bread OR Trix Cereal Bowl  With Craisins & Juice	7 Pancake Bites OR Pumpkin Bread Or Trix Cereal Bowl  With Applesauce & Juice	8 Lumberjack OR Benefit Bar OR Trix Cereal Bowl  With Clementines & Juice	9 Glazed Cinnamon Roll OR Pumpkin Bread OR Trix Cereal Bowl  With Whole Apple & Juice
12 No School	13 Blueberry Muffin w/Cheese Cubes OR Benefit Bar OR Cocoa Puffs Cereal Bowl  With Craisins & Juice	14 Pancake Bites OR Benefit Bar OR Cocoa Puffs Cereal Bowl  With Applesauce & Juice	15 Lemon Bread OR Benefit Bar OR Cocoa Puffs Cereal Bowl  With Clementines & Juice	16 Eggoji Waffles w/Syrup OR Benefit Bar OR Cocoa Puffs Cereal Bowl  With Raisins & Juice
19 Banana Bread OR Benefit Bar OR Cinnamon Toast Crunch Cereal Bowl  With Whole Apple & Juice	20 Glazed Cinnamon Roll OR Benefit Bar OR Cinnamon Toast Crunch Cereal Bowl  With Craisins & Juice	21 Sausage & Cheese Bagel OR Banana Bread OR Cinnamon Toast Crunch Cereal Bowl  With Applesauce & Juice	22 Chocolate Muffin w/Cheese Cubes OR Banana Bread OR Cinnamon Toast Crunch Cereal Bowl  With Banana & Juice	23 Assorted Breakfast with Assorted Fruit & Juice
26 No School	27 Sausage & Cheese Muffin OR Blueberry Bread OR Assorted Cereal  With Whole Orange & Juice	28 Lumberjack OR Blueberry Bread OR Assorted Cereal  With Applesauce & Juice	29 Chocolate Muffin w/Cheese Cubes OR Blueberry Bread OR Assorted Cereal  With Banana & Juice	30 Banana Choc. Chip Benefit Bar OR Blueberry Bread OR Assorted Cereal  With Raisins & Juice