



RAHS Lunch Menu

November 2025

NOTES

Each meal must include at least ½ cup of fruit or vegetable daily.
Milk is optional

The menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Main Entree: Popcorn Chicken w/LoMein Noodles & Assorted Sauces With Steamed Broccoli, Edamame Beans, Whole Orange, & Whole Apple	4 Main Entree: Bacon Cheeseburger With Potato Smiles, Celery Sticks, Craisins, & Applesauce	5 Main Entree: General Tso's Beef w/Vegetables & Rice With Roasted Carrots, Cauliflower Tidbits, Whole Pear & Juice	6 Main Entree: Waffles & Sausage Links With Tator Tots, Cucumber Slices, Raisins, & Apple Slices	7 No School
10 No School	11 Main Entree: Nacho Cheese Walking Taco w/Cinnamon Churro With Kickin' Beans, Red Pepper Strips, Dragon Punch Juice, & Applesauce	12 Main Entree: 3 Cheese Grilled Cheese With Broccoli Tidbits, Tomato Soup, Grapes, & Juice	13 Main Entree: Pizza Dippers w/Dipping Sauce & Garlic Knot With Baby Carrots, Steamed Mixed Vegetables, Raisins, & Apple Slices	14 Main Entree: Buzzer Beater Basket w/Breadstick With Celery Sticks, Romaine Salad Mix, Craisins, & Juice
17 Main Entrée: Chicken Pasta Primavera w/ Garlic Parmesan Toast With Romaine Salad Mix, Cucumber Slices, Whole Apple & Whole Orange	18 Main Entrée: Teriyaki Popcorn Chicken w/Broccoli & Rice With Broccoli Tidbits, Steamed Edamame, Applesauce, & Juice	19 Main Entrée: Cheesy Kielbasa Soup w/Soft Pretzel With Apple Slaw, Baby Carrots, Cantaloupe, & Raisins	20 Friendsgiving Main Entrée: Sliced Turkey Roast w/Dinner Roll With Mashed Potatoes & Gravy, Steamed Green Beans, Juice, Craisins, & Cookie	21 Main Entrée: Fish Sticks With Potato Wedges, Seasoned Peas & Carrots, Sidekick Fruit Slushy, & Apple Slices
24 Main Entree: Mini Corndogs w/Macaroni & Cheese With Romaine Salad Mix, Celery Sticks, Whole Orange, & Whole Apple	25 Main Entree: Chipotle Cheeseburger With Baby Carrots, Potato Smiles, Juice, & Applesauce	26 No School	27 No School	28 No School
Other Daily Entrée Options: Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Pizza, Taco/Nacho Bar, Wraps, Pre-pack Salads, & Uncrustable Packs. All options include Fruit, Vegetable, & Milk				
Ala Carte is available for purchase				