

Care anywhere

Your guide to choosing the right care at the right time

Virtual Care



E-Visit

8 a.m. - 3 p.m. weekdays

\$42 Age 18+

You have a minor illness and a MyChart account. Complete a brief questionnaire in MyChart and get a response within about an hour.

Good for

Back pain, cough, diarrhea, heartburn, pink eye, sinus problems, urinary problems, vaginal discharge/irritation



On-Demand Video Visit

7 days a week, extended hours

\$64 Age 2+

You have a minor illness or injury and want to be seen via video using our VirtualVisit app on your mobile device or computer.

Good for

Back pain, cough, diarrhea, fever, colds and flu, headache, joint pain, nausea/vomiting, pink eye, rash, runny nose, seasonal allergies, sinus problems, sore throat, strains/sprains, urinary problems, vaginal irritation/discharge



Scheduled Video or Phone Visit

Weekdays by appointment*

\$146+ All Ages

You want to be seen virtually by your Gundersen care provider for a routine appointment or for specialty care, like behavioral health or dermatology. You'll need a MyChart account for scheduled video visits.

Good for

All urgent illnesses and injuries, plus: disease management, new health concerns, preventative care, routine and annual exams

Clinic Care



ExpressCare

7 days a week, extended hours

\$65+ Age 2+

You have a minor illness and want to be seen at a walk-in location in La Crosse or Onalaska; no appointment needed.

Good for

Bladder or urinary tract infection (female, age 12+), cough, ear pain, swimmer's ear, infection, wax removal, insect or tick bite, mild vomiting/diarrhea, pink eye, rash, seasonal allergies, sinus problems, sore or strep throat (extra charge for culture).

*Due to COVID-19 check our ExpressCare website for changes in services.



Urgent Care

7 days a week, extended hours

\$200+ All Ages

You have an urgent injury or illness but your primary care provider is not available or the clinic is closed.

Good for

Cuts, scrapes and bruises, ear pain, infection, fever, colds and flu, insect bite, minor burn, rash, sinus and upper respiratory infection, sore or strep throat (extra charge for culture), strains, sprains and minor broken bones, sudden back or neck pain, urinary problems



Face-to-Face Visit

Weekdays by appointment*

\$129+ All Ages

You need a wellness exam or have a new health concern and want to see a primary or specialty care provider at the clinic.

Good for

All urgent illnesses and injuries, plus: disease management, immunizations, new health concerns, preventative care, routine and annual exams



24-Hour Free Nurse Line

(608) 775-4454

Free All Ages

You need help determining care and next steps for any medical symptoms.

Good for

Triage of illness and injuries; health information



Emergency Care/911

24/7

\$500+ All Ages

You have a life-threatening illness or serious injury and must be seen immediately.

Good for

Broken bones, chest pain, dizziness, head injuries, intoxication or overdose, loss of consciousness, numbness or weakness on one side, pregnancy-related bleeding or pain, severe abdominal pain, severe cuts, severe headache, shortness of breath, suicide attempt

Experiencing COVID-19 symptoms?

Log in to MyChart to complete online COVID screening (if you can be tested in La Crosse) or call our COVID-19 Nurse Line at (608) 775-4465.

*Prices may vary based on insurance coverage or if additional tests or services are needed. Some practices have extended evening and weekend hours.

GUNDERSEN HEALTH SYSTEM

Get connected to the care you need, when you need it.

Visit gundersenhealth.org/care or call **(608) 782-7300** for all your care options.